



Approaching Basic Needs with a Holistic Lens



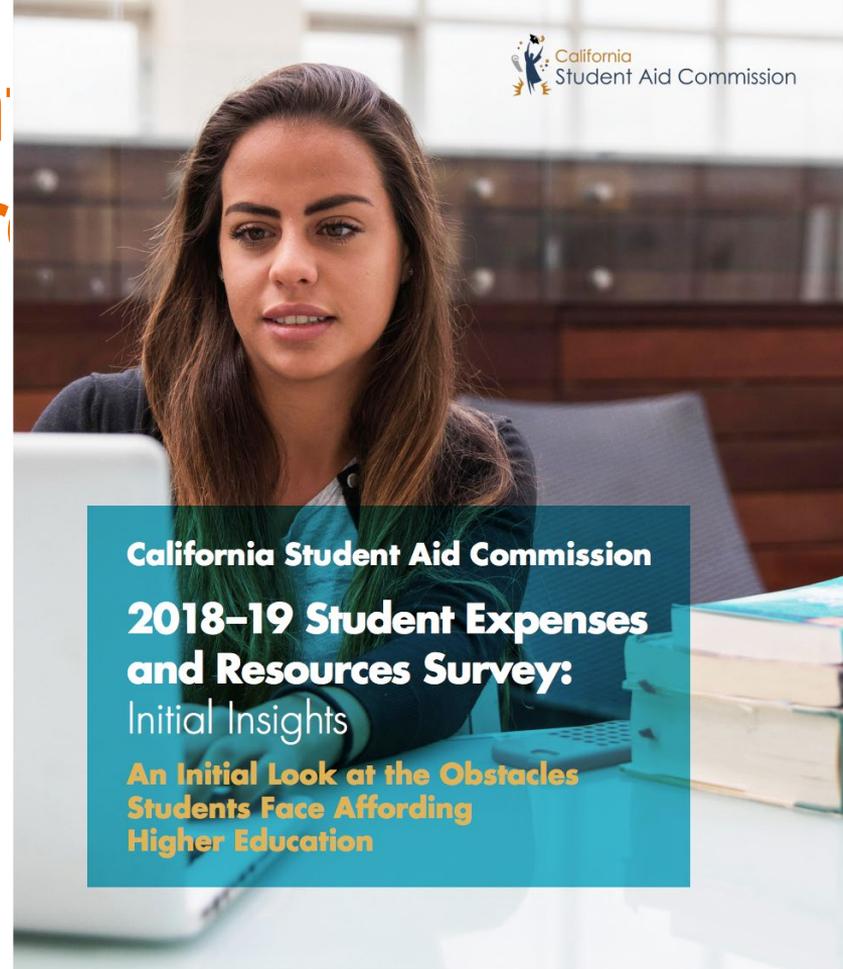
UC SANTA BARBARA
Office of Financial Aid
& Scholarships

Agenda

- Food and Housing insecurity data review
- Resources at UC Santa Barbara
- Financial Crisis Response Team
- Challenges
- Best Practices and Considerations

2018-19 CSAC Student Expenses and Resources Survey

- Nearly two-thirds (64%) reported either “cost of college” or “balancing school and work responsibilities” as their major obstacles to success.
- 35% of students have low or very low food security
- 33% of students are classified as housing insecure



California Student Aid Commission
**2018–19 Student Expenses
and Resources Survey:**
Initial Insights

**An Initial Look at the Obstacles
Students Face Affording
Higher Education**

Government Accountability Office Report

Hope Center Survey

“Colleges across the country increasingly recognize that students are human first -- they need to eat in order to learn.”

-Sara Goldrick-Rab, Founding Director of the Hope Center for College Community and Justice

- Recent Gov. Accountability Office Report notes more than 30% of college students may face food insecurity, this issue is pronounced among community college students.
- Hope Center survey found that $\frac{2}{3}$ of community college students are food insecure and $\frac{1}{2}$ are housing insecure.
- 14% of this population have experienced homelessness

Food Secur

the state of having reliable access to a
sufficient quantity of affordable,
nutritious food



Food Insecurity by the Num

based on 2016 Student Food and Access Survey



10,355 UC CSB students

reported facing food insecurity in 2016



Why Does it Matter



Health

Lag behind peers in physical development.

Available foods lead to poor diet quality.

Health conditions and hospitalization more likely.

Wellbeing

Impact on mental and emotional health.

Depression and anxiety commonly associated.

Difficulty engaging in normal social interactions.

Education

Poorer attendance and GPA than food secure students.

Repeatedly linked to lower graduation rates.

Unprepared mentally, emotionally, & socially for workforce.

History of Food Security at UCSB

2011

- Survey on Financial and Food Needs (AS)
- AS Foodbank Opened

2014

- Statewide study on food insecurity of all UC Students
- UC Global Food Initiative launched

2015

- UCSB Food Security Task Force created
- Student- lead Food Security Coalition

2018

- Miramar Pantry Opened
- Student- lead Food For All Coalition



FRUIT &
VEGETABLES

Groceries

as food bank kirkham pantry elementary alfresh market
match grocery rideshare

AS Foodbank

- ❖ primary resource for ALL registered UCSB students to receive free produce, pantry food items, toiletries/paper products, etc.
- ❖ open Mondays, Wednesdays, Thursdays, and Fridays from 9:30 - 6:00 on the UGen 3rd floor.
- ❖ Additional hours can be made available by appointment. Contact the foodbank at (805)-893-2276 for case specific concerns



ASSOCIATED STUDENTS



FOODBANK

Miramar Pantry

- ❖ Provides free healthy food to all qualified UCSB students
- ❖ Located in Sierra Madre Villages
- ❖ Hours:
 - Summer:
 - Tuesday and Thursday, 5pm to 6pm
 - Fall
 - Monday, Tuesday, Thursday 4pm to 7pm



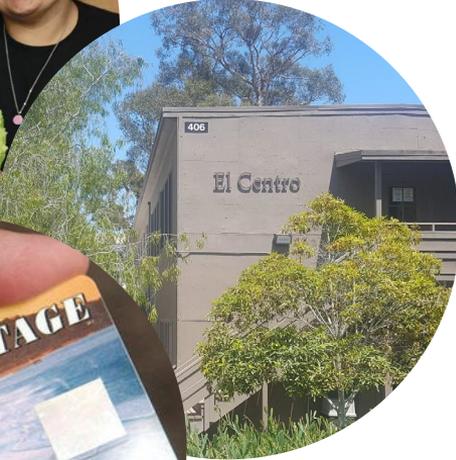
I.V. Elementary Healthy School Program

- ❖ mobile/pop -up food distribution service
- ❖ supplies students and families with fresh produce/food staples
- ❖ first Thursday of the month from 3:30pm to 5:30pm
- ❖ Isla Vista Elementary, 6875 El Colegio Road



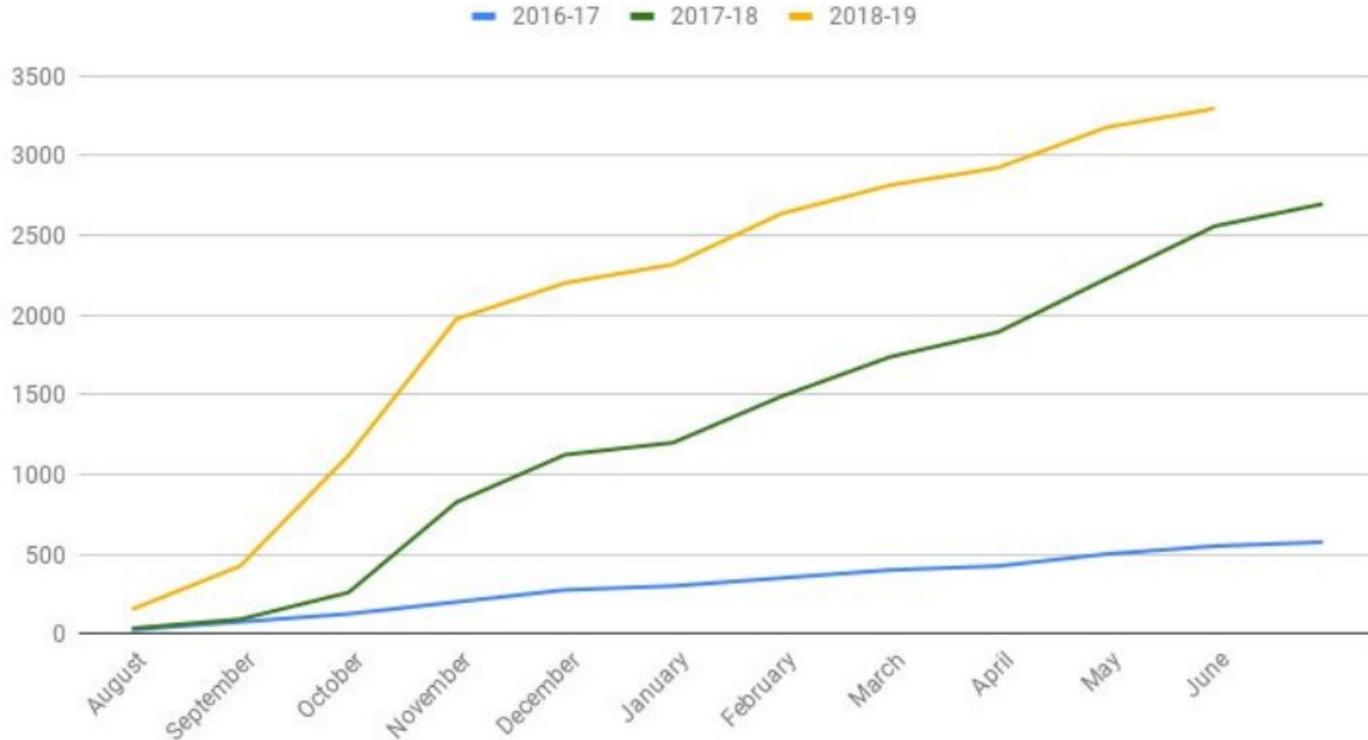
CalFresh

- ❖ federally funded nutritional assistance program
- ❖ grants students up to \$194 dollars per month for groceries and cold, prepared foods
- ❖ available for ALL STUDENTS who are 18 years old or older and US citizens.
- ❖ Visit the Calfresh Advocate Office, located in El Centro, to get help with the application process M -F.
 - Additional advocate locations and times can be found on food.ucsb.edu



CalFresh Enrollment by the Numbers

CalFresh Enrollment



BASIC NEEDS & CALFRESH

FALL QUARTER OFFICE HOURS

mon

EL CENTRO 12-4pm	A.S. FOOD BANK 12-6pm	RCSGD 12-2pm
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tues

EL CENTRO 10am-4pm	FIN. AID OFFICE 10am-12pm	RCSGD 11am-2pm	WEST NEIGHBOR- HOOD* 4-6pm
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*location varies

wed

EL CENTRO 10am-4pm	A.S. FOOD BANK 9:30am-6pm	RCSGD 11am-2pm
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thurs

EL CENTRO 10am-4pm	A.S. FOOD BANK 9:30am-6pm	RCSGD 11:30am-2pm	I.V. FOOD CO-OP 4-6pm
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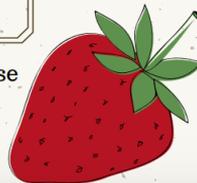
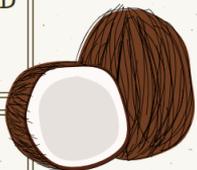
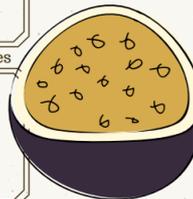
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EL CENTRO 10am-4pm	A.S. FOOD BANK 9:30am-4pm
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for questions or to schedule an appointment, please
email ucsbcalfresh@gmail.com



food.ucsb.edu



Basic Needs Resources FOR UNDOCUMENTED STUDENTS

FOOD RESOURCES

AS FOOD BANK

foodbank.as.ucsb.edu

Located on the third floor of the UCEN, the ASFB provides students with free food resources and toiletries. To be eligible, users must (1) be registered UCSB undergraduate or graduate students and (2) making less than \$14,484 per year.

MIRAMAR PANTRY

housing.ucsb.edu/dining/food-pantry

Located in the Sierra Madre Villages, Miramar provides students with free food resources and toiletries. To be eligible, users must (1) be registered UCSB undergraduate or graduate students and (2) making less than \$14,484 per year.

FOOD, NUTRITION AND BASIC SKILLS PROGRAM (FNBS)

wellness.sa.ucsb.edu/fnbs

Free workshops that give students the opportunity to taste delicious and easy meals, practice their hands-on cooking skills, and learn how to stretch their dollar while grocery shopping.

FOOD NOT BOMBS

facebook.com/fnbiv

Both a social movement and community potluck, this all-volunteer organization prepares free vegan and vegetarian dinners for the IV community every Sunday.

CAFE PICASSO

tinyurl.com/cafepicasso

Offers community members a free home-cooked brunch and group to gather with every Sunday. Meals are served at St. Michael's University Church in IV and all students are welcome to attend, regardless of faith.

SWIPE OUT HUNGER

swipehunger.org/ucsb

Through this program, students can apply to receive meal tickets for the campus dining commons. Residents are able to donate three meals each week, Mon - Fri.

ST. MICHAEL'S COMMUNITY GARDEN

tinyurl.com/stmichaelsgarden

Sixteen raised bed plots are available for those in the community who wish to grow their own fruits, vegetables and flowers. Plots cost \$15 deposit + \$5/month

IV ELEMENTARY FOOD PANTRY

tinyurl.com/ivhealthyschool

Pop-up food distribution service that supplies students and families with fresh produce and food staples. Occurs once a month at IV Elementary. Participants are encouraged to bring their own reusable bags.

IV FOOD CO-OP BASICS

islavistafood.coop

This community-run grocery store located in IV offers high-quality groceries that are particularly affordable through its Co-ops Basic program. Occasional giveaways and free demos are also hosted.

FOOD SECURITY ADVOCATES

food.ucsb.edu/calfresh

Talk with other UCSB students who are trained on the variety of resources that the local community have to offer, including those on food, finances, and housing.

FOOD FOR ALL COALITION SOCIAL MEDIA

FB: facebook.com/foodforallucsb
IG: instagram.com/foodforallucsb

Our organization strives for everyone to have access to sufficient, safe and nutritious food. Our regularly-updated social media pages act as a central hub for food security events, resources and information around campus.

FINANCIAL RESOURCES

FINANCIAL CRISIS RESPONSE TEAM

financialcrisis@sa.ucsb.edu

Assists students facing a financial crisis or urgent financial need. Members from numerous departments across campus evaluate cases individually and holistically to identify the best way to support students.

AS COMMUNITY FINANCIAL FUND

cff.as.ucsb.edu

AS Community Financial Fund offers quarterly Financial Literacy Workshops to all UCSB students. Participants may receive \$350 upon completion.

ALUMNI ASSOCIATION LOANS

tinyurl.com/AlumniLoans

Loans up to \$100 for undergraduate students can be made available to those requiring short-term emergency financial assistance.

Food Security and Basic Needs Advising Center

- ❖ Located on the 2nd floor of the UGen, across from Jamba Juice
 - Open Mondays
- ❖ Calfresh Advocates and Food Security peer advisors can advise students on basic needs resources at UCSB and local community
- ❖ knowledgeable on:
 - Calfresh applications and case management
 - Emergency grants and support services
 - Financial literacy workshops and advising
 - Programs that educate on cooking on a budget
 - Affordable housing opportunities





Prepared Meals

cafe picasso food not bombs the dining co

Food Not Bombs

- ❖ Little Acorn Park, IV
- ❖ Sundays at 5PM
- ❖ vegan & vegetarian meals
- ❖ locally sourced ingredients, grassroots effort



FNBS Worksh



- ❖ UCSB Health and Wellness, FNBS serves as the official kitchen and nutrition skills resource on campus
- ❖ over 25 workshops and events offered each quarter
 - ❖ workshops range anywhere from cooking demos, to financial planning assistance, to basic kitchen skills
- ❖ calendar for the quarter's events can be found on FNBS's Facebook page, as well as the UCSB Health and Wellness website



OCTOBER 1 | 5-6 PM
ISLA VISTA FOOD CO-OP

*be great at
grocery shopping!*

Join us and learn all the tips you need to successfully stock your kitchen and feed yourself well! We'll talk about mixing resources to stretch your food dollars and more. There'll be free snacks too!



CalFresh Enrollment Party

Join the UCSB CalFresh Team along with their partners to sign up for CalFresh and discuss other Food Security Resources!

October 16 | 5-6:30PM
Corwin Pavilion



food.ucsb.edu

Financial Crisis Response

- ❖ Assists students facing a financial crisis that may impact their path to graduation in the form of emergency funding and resource connection
- ❖ Types of Emergencies:
 - Housing Insecurity, homelessness
 - Food Insecurity
 - Outstanding Medical Bills –
 - SMERF Student Medical Emergency Relief Fund
 - Change in income/ Parent job loss
 - Academic
 - Family related emergency

UCSB

Financial Crisis Response Team



Experiencing a financial emergency?

We can provide financial assistance.

financialcrisis@sa.ucsb.edu

Emergency Housing Voucher Pro



- ❖ Efforts to address student needs both in on campus and off campus housing arrangements who have been served an eviction notice/ warning or are unable to address upcoming rent expenses

UCSB Housing, Dining & Auxiliary Enterprises

NAME _____

PERM # _____

SIGNATURE _____

HOTEL STAY

UCSB HOUSING RENT/ ROOM + BOARD

PRIVATE LANDLORD

NAME _____

ADDRESS _____

CITY, ST, ZIP CODE _____

PHONE _____

FALSIFIED INFORMATION OR COUNTERFEITED DOCUMENTS MAY RESULT IN SERIOUS DISCIPLINARY ACTION

- ❖ Temporary Hotel Stay for a maximum of five days to meet interim housing needs

Meal Voucher Prog

- ❖ Currently serving 81 departments on campus: academic and non - academic
- ❖ Administering between 1 -5 meal vouchers per student interaction per quarter
- ❖ Reporting Requirement
- ❖ Educational component - sustainable food security resource review
- ❖ Recent program expansion into a multi tiered approach





Rapid Rehousing Program

- ❖ Fall 2019 soft launch, partnership with off campus housing property
- ❖ Short term housing option available that would exceed five days, but would be resolved within 25 days.
- ❖ Participants sign a contract and are required to meet with basic needs case management staff on a weekly basis in order to continue to be eligible for the program

Challenges

- ❖ Ensuring campus leadership buy -in and clarify of effort (amidst leadership changes)
- ❖ Staffing and creatively working with space constraints to serve the ever growing student population
- ❖ Populations we can't serve - awarded up to COA, international students, non-enrolled students
- ❖ Data
- ❖ Student reluctance to accept student loans
- ❖ Availability of funding

Best Practices and Considerations

- ❖ Basic needs staff support within FA model
- ❖ Work groups on campus/ Basic Needs Task Force?
- ❖ Rethinking Basic Needs
 - Normalizing the conversations
 - Incorporating resource referrals into customer service
- ❖ Building relationships with your county (CalFresh)
- ❖ Mobilizing student led efforts may incite more change
- ❖ Data can provide the support needed for funding requests
- ❖ Cross department referrals
 - Social workers on campus? Importance of the mental health component

Contact Information

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