

STUDENT-TO-STUDENT SUPPORT FOR A HEALTHIER COLLEGE EXPERIENCE



Enriching Basic Needs Outreach with Student Engagement

Presenters:

Chant'e Catt, Off Campus Housing Coordinator

Ravin Craig, Health Educator & Coordinator of HSU Oh Snap Student Food Programs

Food Sovereignty vs Food Security

“Food sovereignty is the right of peoples to healthy and culturally appropriate food produced through sustainable methods and their right to define their own food and agriculture systems.” -

La Via Campesina,

International Peasant
Movement (1996)

“Food security exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.”

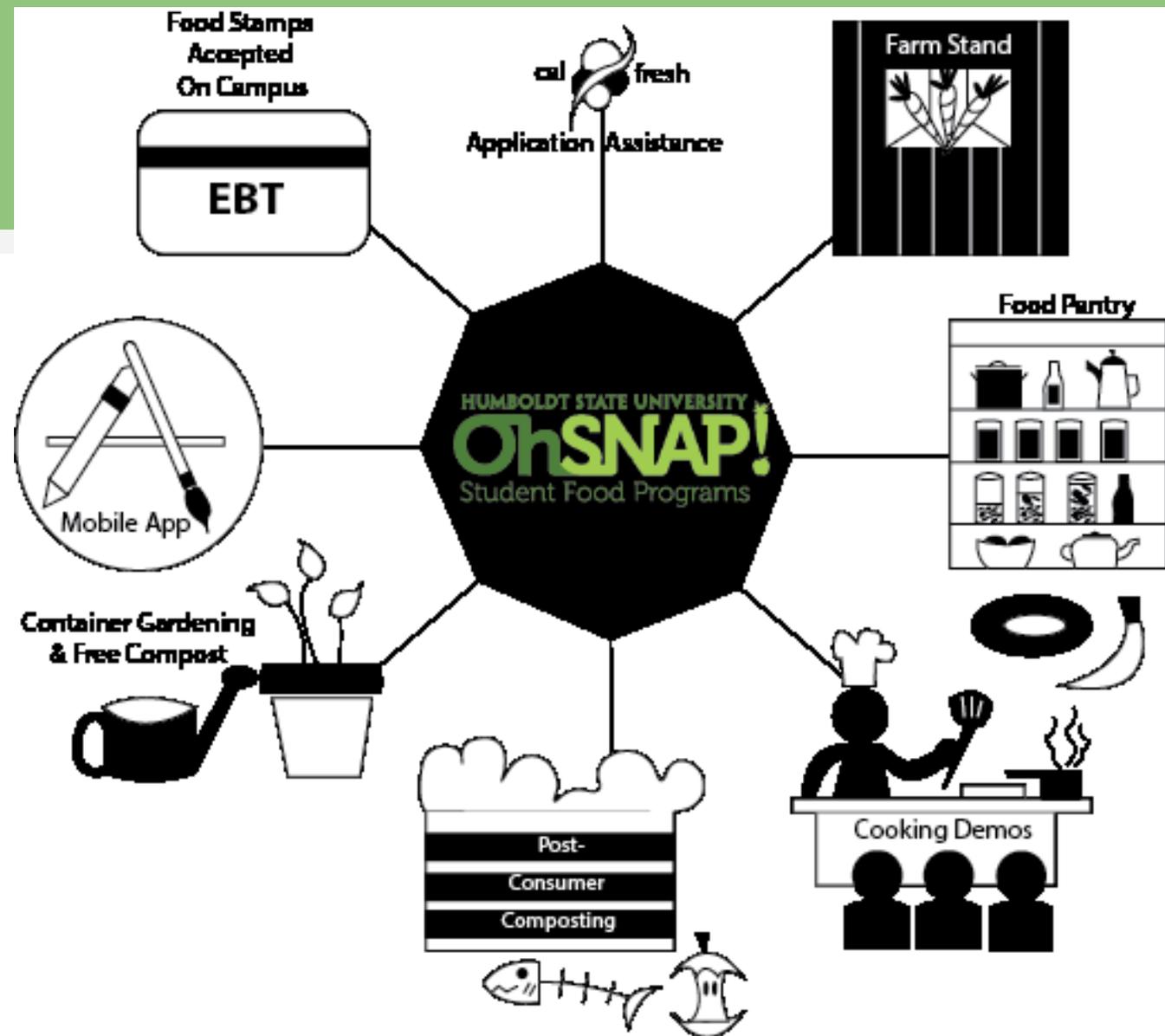
- ***World Food Summit (1996)***

Stigma & Support Resources

- Shame is the most common emotion felt by people who use the services provided by food banks (Horst)
- Stigma is defined by five components;
 - the labeling of difference
 - stereotyping of difference to negative characteristics
 - labeling (us vs. them)
 - devaluing of the person
 - the exercise of power (Link)

Peer-To-Peer Models

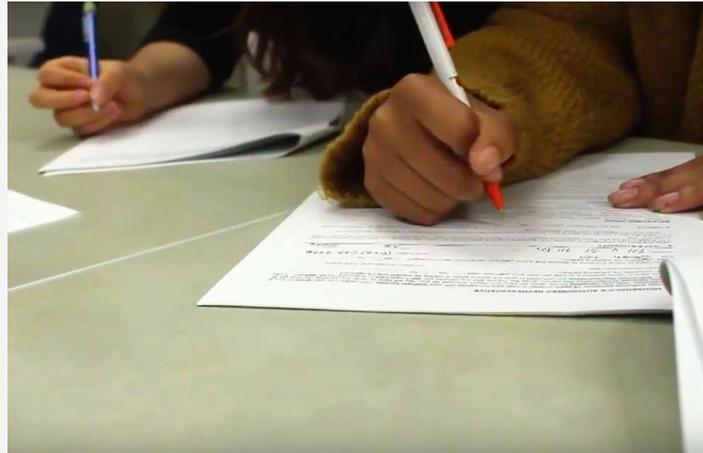
- Effective in reducing stigma
- Greater messaging outreach
- Empowered to make decisions - critical pedagogy (hooks & Freire)



Food Pantry



CalFresh Outreach



EBT is now accepted @
 the HSU Marketplace



CalFresh on the Farm!

A growing number of Humboldt County farmers now accept CalFresh directly at their farms! Use your EBT card to purchase Community Supported Agriculture (CSA)* shares and/or shop for produce at farm stands at the following locations.

DeepSeeded Community Farm

Offerings:
 CSA Shares



Contact Info:
 Eddie Tanner
 (707) 825-8033
 deepseeded@gmail.com
 www.arcatacsa.com

Location:
 Arcata: Stewart and Wyatt Avenues

Organic Matters Ranch

Offerings:
 CSA Shares, Farm Stand, Pumpkin Patch

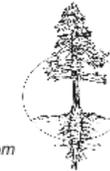


Contact Info:
 Heather Plaza
 (707) 407-3276
 info@organicmattersranch.com

Location:
 Eureka: 6821 Myrtle Avenue

Redwood Roots Farm

Offerings:
 CSA Shares, Farm Stand



Contact Info:
 Janet Czarniecki
 (707) 826-0261
 janetcz@humboldt1.com
 www.redwoodrootsfarm.com

Location:
 Bayside: 45 Fellowship Way (off Jacoby Crk Rd)

Shakefork Community Farm

Offerings:
 CSA Shares



Contact Info:
 Melanie Cunningham
 (707) 498-3546
 shakeforkcommunityfarm@gmail.com
 www.shakeforkcommunityfarm.com

Location:
 Carlotta: 7914 CA-36

*** Purchasing a CSA Share with EBT:**
 Community Supported Agriculture (CSA) is a partnership between a farm and a community of supporters. CSA members commit to a farm for a whole growing season by purchasing a CSA share. The farmer then provides each member with a weekly distribution of fresh, seasonal produce at the peak of ripeness and nutrition.

In a typical CSA arrangement, customers pay upfront before receiving food. CalFresh recipients can use their benefits to participate in a CSA, but can only pay for up to two weeks of food in advance.



Visits to Oh SNAP! Food Programs

Weekly Cooking DEMOS



HUMBOLDT STATE UNIVERSITY
OhSNAP!

Student Food Programs

Fall Farm Stand



Food Reclamation



Container Gardening

- Students learn how to grow food using Calfresh benefits
- Collaboration with on campus composting group
- Students learn how to find gardening space in small spaces





STEPS TO HELP YOU GET STARTED!

- Step 1:** Identify the key issue and find out everything you can about it.
- Step 2:** Demonstrate the issue of need with evidence (and if you don't have it, create it)
- Step 3:** Be crystal-clear about why it matters and create a message that others can remember.
- Step 4:** Seek out valuable contributing partners.
- Step 5:** Strategic planning – know your needs and “asks” and create plan (e.g., logic models and/or the Strengths, Needs, Opportunities and Challenges assessments (SWOC) are helpful).
- Step 6:** Attend stakeholder meetings on and off campus.
- Step 7:** Leverage internal and external funding opportunities to help support action items.
- Step 8:** Advocate for state and federal legislative policy change for sustainable impact.

START WHERE YOU ARE AND GET INVOLVED ON CAMPUS!

Join Student Housing Advocate Alliance or start a student club: Club funds are available to facilitate campus activities (i.e., a speaker series, campus dialogue, film screening and discussion, and much more): <https://clubs.humboldt.edu/>

Ask faculty how to get involved in their research or work with them to apply for the following internal funding opportunities:

- Research Scholarship and Creative Activities (RSCA) funds to develop a research project: <https://www2.humboldt.edu/pmc/portal/research-scholarship-and-creative-activities-program-rsca-ay-1516>
- Diversity Program Grants: <https://www2.humboldt.edu/diversity/diversity-program-grants>
- Apply for a Humboldt Loyalty Grant to support campus programs: <https://www2.humboldt.edu/.../Humboldt-Loyalty-Grant-Submission-Guidelines-2016-17.pdf>

DO NOT FORGET!

- Remember to take care of yourself, too!
- Networking does not just mean you know someone, it means you reciprocate information.
- Thank your contacts, and check-in with them from time to time.

**Housing
Alternative
Insights (HAI)**

**Tips for Students to
Help Mobilize
Community Change!**

***“IT TAKES
CONSISTENCY,
DEDICATION, AND
TIME. THINGS CAN
TAKE YEARS TO GET
RESULTS. ALSO,
PEOPLE WILL TAKE
YOUR IDEAS AND ROLL
WITH THEM,
DON'T LET EGO OR
OFFENSE OVERWHELM
YOU AND BE PROUD
THAT THINGS ARE
GETTING DONE,
WHETHER YOU ARE
DOING THEM OR NOT.”***

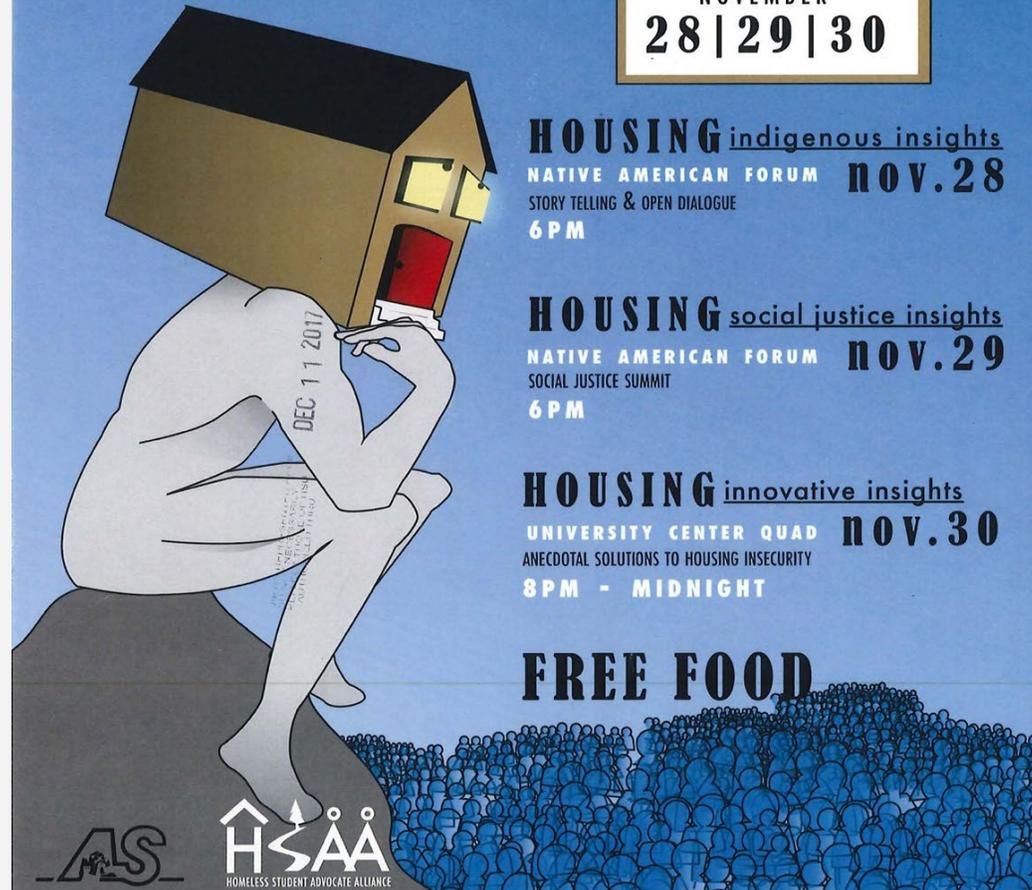
CHANT'E CATT, SHAA

SHAA HAI Research Insights
Drs. Jen Maguire & Pam Bowers
HSU Department of Social Work
and Chant'e Catt, SHAA President
Contact us by email:
jennifer.maguire@humboldt.edu;
pamela.bowers@humboldt.edu;
housingliaison@humboldt.edu

HOUSING

ALTERNATIVE INSIGHTS

NOVEMBER
28 | 29 | 30



HOUSING *indigenous insights*
NATIVE AMERICAN FORUM **NOV. 28**
STORY TELLING & OPEN DIALOGUE
6 PM

HOUSING *social justice insights*
NATIVE AMERICAN FORUM **NOV. 29**
SOCIAL JUSTICE SUMMIT
6 PM

HOUSING *innovative insights*
UNIVERSITY CENTER QUAD **NOV. 30**
ANECDOTAL SOLUTIONS TO HOUSING INSECURITY
8 PM - MIDNIGHT

FREE FOOD



[HTTPS://WWW.FACEBOOK.COM/EVENTS/1342944505827331/?TI=ICL](https://www.facebook.com/events/1342944505827331/?ti=icl)

* This event is wheelchair accessible. Persons who wish to request disability-related accommodations, including sign-language interpreters, should contact:HSAA at HSAA@humboldt.edu, Chant'e Catt 310-673-9000. Please request accommodations at least two weeks prior to the event.

The Student Housing Coordinator Chant'e Catt Advocates and Helps Students with Off-Campus Housing.

The Student Housing Liaison is a key member of the Housing and Residence Life staff with responsibilities in three general areas including: (1) helping current students transition from the on-campus to off-campus housing market, (2) working with students and community members to develop connections and advocate for the housing needs of students, and (3) work with property managers and landlords to create greater access to housing for students. This position reports to the Director of Housing and Residence Life.

General responsibilities include:

- Provides advocacy and support for HSU students seeking housing off campus
- Develops and maintains a database of property managers and landlords in the greater Arcata area
- Develops and maintains a database of students who need help finding access to housing in the greater Arcata area
- Assessment of off-campus student needs and community concerns
- Develop an active, ongoing campaign to support and educate students about off-campus housing
- Work with the transportation committee at the City of Arcata to develop bus routes that best support student transportation needs
- Work with local community agencies to develop relationships and support to help students find access to housing
- Actively work to engage students and community members in support of the Equity Arcata initiative
- Provide day to day coordination and response to student questions regarding access to housing off campus
- Meet with students to understand and support their needs regarding off campus housing
- Provide programming and resources for students interesting in off-campus housing
- Develop and maintain a web presence for Off Campus Housing related information and initiatives
- Develop an education video series and other online media to educate landlords and students about off campus living and renting
- Case management
- Updated Listings Newsletter
- General advice on local housing themes and schemes
- Education on protecting Data and personal information
- Referral to supportive services
- Printing, faxing, emailing important documents for housing
- Strategic planning on individual housing needs
- Rides to court house for cases around off-campus housing
- Help with organization of financial documents needed to rent
- Rides to viewings of homes
- Facetime options for students out of the area to view listings with Landlords that agree
- Education on rights and responsibilities as tenant or landlord
- Presentations locally and across the nation on best practices around student housing Off-Campus
- Event planning for Off-Campus Housing conferences, webinars, and outreach
- Mediation between roommates and landlords or property managers

Further initiatives created through student advocacy efforts & participation

- Overnight study room
- Shower Access
- Adversity fund for students in need
- Emergency housing on campus
- Mapping of resources
- Arcata City rental Licensing Program to start 2020
- Deposit Grant to start spring 2020